

# Secret Agents Society (SAS)

The SAS program supports children to develop their social skills including the development and maintenance of friendships, conversations, problem-solving and bullying prevention.

## What's involved in each session?

SAS also supports children to learn how to recognise and regulate a range of emotions through a 'secret agent' computer game, Helpful Thought Missile action game, Challenger board game, Secret Message Transmission Device game and many more award-winning resources. The evidence-based, structured curriculum and captivating theme make this program one of the most successful of its kind in the world!

## What is the cost?

The Secret Agent Society includes 10 two hour weekly group therapy sessions plus pre and post program preparation, feedback and support. (26 hrs total) 10 .5 hour parent training sessions (6 hrs total) Assistive Technology program kit \$280, 1:1 intake, assessment and reporting with facilitating therapist, including an NDIS Therapy Report (4 hrs total) Charged at the NDIS recommended Group Therapy and 1:1 Therapy rates: (NDIS recommended rate is subject to change)

## What are the outcomes?



### Emotional Regulation

- Recognise emotions in themselves & others.
- Express their feelings in appropriate ways.
- Cope with feelings of anger and anxiety.



### Friendships & Communication

- Understanding levels of friendship.
- Communicate and play with others.
- Cope with team work, games & 'losing'.
- Build and maintain friendships.
- Cope with mistakes, transitions & more.
- Solve social problems.



### Conflict Resolution

- Detect the different between accidents, jokes and nasty deeds.
- Detect and understanding bullying.
- Prevent and manage bullying & teasing.
- Acknowledging personal strengths & goals

