



AYS



AYS Service Guide

Easy Read Version



03 4222 7479



ays.com.au



18 Myers St
Geelong VIC 3220



Access
Your
Supports

version:
AYS.V1.1.2023

Support Coordination



Helps you connect with the right **service providers** to meet your needs



Helps you plan and reach your NDIS goals



Helps you understand what supports you can use



Supports you to make community connections

Plan Management



Pays your service providers using your NDIS plan funds



Keeps you up to date with your NDIS plan funds

Easy to use app to see current funds



Helps you process payments to your different service providers



Friendly and supportive team

Employment Support



Develop and strengthen work skills in a 1:1 setting



Overcome barriers and build confidence



Getting you job-ready

Peer Mentor



Increases your confidence



Support with achieving NDIS goals



Supports you to make community connections



Engage in activities of interest

Therapy Team



Experienced and qualified



Different kinds of supports



Person-centred approaches



Term-based groups

Continue to next page to read about some of our more specialised services



Occupational Therapy



Helps plan your support needs by conducting assessments



Helps you to understand your abilities, goals, and motivations. By providing ways of making tasks easier and safer

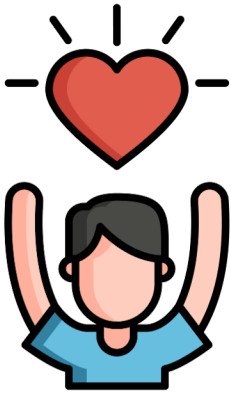


Helps you in **activities** that you find meaningful.

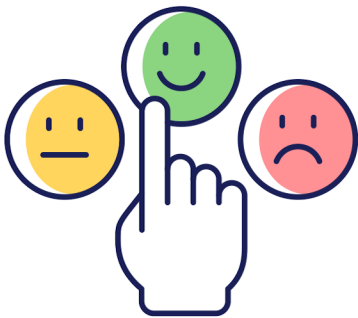
Taking care of yourself, working, volunteering, and participating in hobbies, interests and social events.

Behaviour Support

Three common goals



Improving quality of life



Reducing behaviours of concern



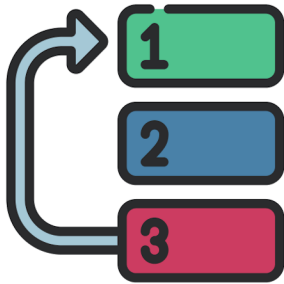
Minimises any practice or intervention that has the effect of restricting the rights or freedom of movement

Early Childhood Intervention

Intervention services are for children aged 0 – 8 years



Giving you the best start in life



Prioritising supports and assessing development



Create and implement a support plan with your allied health team, family, and key people in the child's life



Empowering families and enhancing therapy strategies

Psychology



Identify and work towards creating goals



Give you tool to deal with your feelings

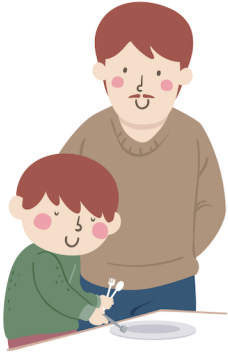


Manage mental health problems by creating a plan



Improve social skills to develop and enhance relationships

Other Therapy Service



Therapy Assistants

Working with your Occupational Therapist to provide extra support



Group Therapy

We have different Group Therapy Programs that are backed by research.

They are for various age groups; from pre-schoolers to adults.

These groups are led by skilled therapists with diverse training.

Up to 9 groups run each term. Check out our website to view current and upcoming groups.