

# Doctor's Check-up

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Appointment time and date: \_\_\_\_\_

Dear \_\_\_\_\_,

You are invited to a check-up appointment with your doctor.

- Your doctor has a new type of appointment that is easier for people with a disability. It is called a CHAP. (Comprehensive Health Assessment Program).
- A CHAP appointment helps to check if your body and mind are healthy.
- In a CHAP appointment your doctor or nurse will spend time talking to you, ask you questions about your health, and do some tests to check if you are healthy.
- You and your Doctor will make a plan together for you to be healthy.
- You will have lots of time to ask questions so you can understand.
- You can talk about the plan with a trusted support person.
- You will need to bring some things with you for the doctor like your medicare card.
- Please complete the CHAP Checklist before your appointment.
- You can scan the code with your phone camera for a video with more information.

